

San Diego Right Care-GO Leadership Forum
Taking Action Together to Prevent Heart Attacks and Strokes

Agenda

June 4, 2010

8:30 AM – 5:00 PM

University of California San Diego, Skaggs School of Pharmacy & Pharmaceutical Sciences
Lower Level, Education Center Rooms 2 & 3, 9500 Gilman Drive, La Jolla, California 92093-0657

Forum Objectives:

- 1. Gleaning perspectives from the major medical systems of San Diego to reach targets for blood pressure and cholesterol control, for the purpose of preventing heart attacks and strokes***
- 2. Deciding on strategies for going from Good to Great***
- 3. Naming the San Diego heart attack and stroke prevention effort: “San Diego: A Heart Attack and Stroke Free Zone,” “Smart Heart San Diego,” other candidates?***

8:30 – 9:00 Registration and light breakfast

9:00 – 9:30 Welcome - University of California, San Diego

-  Angela Scioscia, MD, Chief Medical Officer, UCSD Medical Center
-  Daniel Steinberg, MD, Professor of Medicine Emeritus
-  David Adler, Pharm.D, Associate Dean and Professor

Opening Remarks- Lucinda Ehnes, Esq., Director, California Department of Managed Care
Hattie Rees Hanley, MPP, Right Care Initiative Project Director

GO Grant – RCI Support for Quality Improvement in San Diego

-  Professor Robert M. Kaplan, Distinguished Professor, UCLA Schools of Public Health and Medicine
-  Allen Fremont, MD, Ph.D., RAND, Director, Action Consortium to Accelerate Change; and practicing physician.

Right Care San Diego Technical Support to Groups for QI

-  Ted Ganiats, MD, Right Care-GO San Diego
-  Joseph Scherger, MD, Vice President, Eisenhower Medical Center

Heart Association of San Diego- Dr. Stein

9:30 – 12:00 - Medical Group Physician Leader Presentations - What is and is not Working

-  Jerry Penso, MD, MBA, Associate Medical Director, Quality, Sharp Rees-Stealy
2009 Right Care California Leadership Award Winner

(over)

9:30 – 12:00 - Medical Group Presentations - What is and is not Working (continued, page 2)

✚ Rae Boganey, MD, Complete Care Physician Leader, Kaiser Permanente San Diego

✚ Dan Dworsky, MD, Executive Medical Director, Scripps Clinic

✚ Gregg Garner, DO, Medical Director, Sharp Community Medical Group

✚ Anupam Goel, MD, Associate Director of Medical Group Quality and Safety, UCSD

Reactions from Doctors in Practice - Rusty Kallenberg, MD, Chief, Family Medicine, UCSD

12:00 -12:45 **Group Networking Lunch**

12:45 – 1:00 Beacon Grant –Theodor Chan, MD, Principal investigator and Medical Director, UCSD Emergency Departments; and/or Co-PI, Anupam Goel, MD

1:00 – 1:45 **Promising Interventions: The Evidence** - Professor Robert M. Kaplan

1. **Medication Protocol ALL–PHASE (Prevent Heart Attacks and Strokes Every Day)**
- Jim Dudl, MD, Kaiser Care Management Institute
2. **Pharmacist on the Care Team** –Daniel Cusator, M.D., M.B.A., Chief Medical Officer, Greater Newport Physicians; Rebecca Cupp, RPH, Vice President of Pharmacy, Ralph's and Vice President of the California Pharmacy Council
3. **Chronic Disease Self Management Program** - June Simmons, CEO, Partners In Care Foundation
4. **Local Perspective on Patient Activation with Outcomes** -Athena Philis-Tsimakis, MD, Corporate Vice President for the Scripps Whittier Diabetes Institute

1:45 – 2:15 Break Out Working Groups - Each team will discuss the name of the campaign and will a specific promising intervention for controlling blood pressure and lipids

5 minute break

2:20 – 3:00 Teams report results

3:00 - 3:30 Next Steps and planning of Technical Support and potential rotating University of Best Practices – Doctors Penso and Ganiats

GOALS OF NATIONAL 90TH PERCENTILE HEDIS PERFORMANCE (2009):

- 70% OF HYPERTENSIVE PATIENTS WITH BLOOD PRESSURE < 140/90 MMHG
- 70% OF PATIENTS WITH CARDIOVASCULAR CONDITIONS WITH LDL-C CONTROLLED <100 MG/DL
- 53% OF PATIENTS WITH DIABETES WITH LDL-C CONTROLLED < 100 MG/DL

Reception Immediately Following